

## ABSTRACT

The leisure experiences for men and women differ in both quantity and quality. It is difficult for women to separate their personal leisure time from family's time, since most of the burden of household work falls on the women. This paper uses NSSO's Time Use Survey, 2019 data to study the leisure time and composition of leisure of women in Indian households. The results point out the inequality in leisure time in rural and urban areas. Women in rural areas spend relatively less time in leisure activities than men. In urban areas, while women are spending more time in leisure activities than men, owing to their less participation in production activities, the quality of their leisure is questionable.

A SURE model is used to understand what factors affect the leisure time of men and women in the age group of 20-60 years. Two separate models for working and non-working individuals is estimated which reveals gender to be a significant variable. Leisure time for women is found to be less than males in both the models. The effect of several other individual, household and community level variables is studied in the paper.