

HEALTH PARADOX IN KERALA

Elsa Maria Joseph

ABSTRACT

This paper comprehensively analyses the much less studied link between migration trends and the health paradox in Kerala. Data on migration related variables and various Non-Communicable diseases (NCDs) for all the fourteen districts in Kerala from 2011 to 2018 are used to establish the link between migration and NCDs. Various demographic factors have also been taken into account. The paper also attempts to differentiate between the rise of NCDs in rest of the developed nations and Kerala. A primary survey was conducted to assess the number of return migrants during COVID 19.

The analysis proves the change in the structure of consumption expenditure and investment behaviour post receipt of increased international remittances which has been the primary reason for the growing NCD cases. It also highlights the changes needed to be incorporated in the future to both cure and control these NCDs.

Keywords: *International Migration, Remittances, Health, Education, Morbidity*

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